

Thank you for scheduling your health sessions. I am honored to work with you, grateful for your trust, and look forward to sharing your journey!

A "Health Session Application" is a part of this package. Please fill out the application online. Also, for your careful review, is the document "After Your Health Sessions".

Begin your healing now with clear intentions, belief in your ability to heal yourself, and belief in your wellness goals. It is important you make a commitment to YOU! Believe and trust you can achieve the wellness in your life that you desire and deserve! Trust you can create anything you wish!

We are here to assist you in reaching and maintaining your health goals. For that purpose, we ask you to read this agreement to establish lines of responsibility.

Health sessions are a natural preventative and holistic approach to body/mind harmony and overall health and well being. Our intentions during your sessions are to assist you in relieving old beliefs and emotional patterns from your body, thereby increasing your overall health and well being.

Responsibility rests with you. It is imperative to have clear intentions, believe in your wellness goals and be committed to your intended outcome in all health sessions.

It has taken many years to create the conditions in your body, and these can not be completely removed in one or two health sessions. Therefore a MINIMUM of three to five health sessions may be necessary to achieve your health goals.

The effects of your health sessions are sometimes subtle and sometimes intense and you may or may not always be aware of the levels of your healing. Following each session it is important you focus on the positive and subtle changes. Do Not look for "what is wrong".

At times you may feel worse before you feel better. This is known as a "healing opportunity", or release of the toxins that created your condition(s).

Rob Wergin is not a medical doctor nor does he portray himself as one. He does not diagnose your body, emotions, or prescribe medications. His services do not replace the services of other professionals, such as medical doctors, counselors, psychotherapists, chiropractors, etc.

Rob works with your Divine energy to clear emotional and physical issues... all for your highest good. ALL information shared during conversations or health sessions will remain confidential. Should you not understand this entire disclaimer, please do not hesitate to ask questions!

Please dress comfortably and do not schedule any activities, other than that which bring you joy, for at least two hours after the conclusion of your health sessions.

Continued

Also, please refrain from alcohol or recreational drugs for at least 24 hours and do not schedule additional energy work or go to the gym or perform other athletic events for at least 3 days following your health sessions. Your body needs time to adjust, acclimate, and heal.

Celebrate the presence of your Divine Light and Love! Ask for ALL that's for your highest good according to Grace and the Divine, beginning now, and for each session.

As you read this, please give your Angels permission to work with me for your highest good. Quite often, you may sense yourself being "worked on" once you have scheduled an appointment. As you feel it begin... be grateful!

Please do not be surprised if you feel emotions arising, body dis-comfort or other intensities a day or so prior to your appointments. All of this is part of the normal process.

With love and light and heartfelt joy,

Rob Wergin